



NELSON SEIDO KARATE
TEAPOT VALLEY CAMP
FRI 3 - SUN 5 MARCH 2023

Name: _____

Phone: _____

Dojo : _____ Grade: _____

Age: _____ Male / Female (please circle)

CAMP COSTS (Tick One)

- Adult / Youth (ages 15yrs+)** \$185
 Junior 13 - 14yrs \$170
 Children 10 -12yrs \$150
 Child under 10 \$120
(must have parent or adult caregiver staying also)
 Non training Parent/Caregiver \$120

ACCOMMODATION (Please circle one)

Tent (Your Own) or **Cabin**

Please have your enrolment into Nelson Dojo by 24th February 2023

Sorry, no late enrolment after this date.

PAYMENT (Before camp please)

- CASH
 Internet banking BNZ to 02-0704-0174068-00. Reference: Name / camp

Please be at camp by 6pm on Friday. Camp finishes approx 2pm Sunday.

Nelson Shibu
PO Box 393, Nelson. Tel: (03) 548 1980. Email: nelsonshibu@seido.co.nz
Contact: Senpai Fiona Warner
www.seido.co.nz



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Please bring to camp:

- Sleeping Bag
- Pillow
- Toilet Gear
- Running Shoes
- Warm Clothes
- Change of clothes
- Swim wear
- Meditation stool or waterproof pillow or cushion to sit on for zazen
- Gi (2 if possible)
- Kumite Gear (4th Kyu and above)
- Bo / Jo (Black Belts)
- Suntan Lotion
- Hat
- Medication
- Plasters or small first aid kit

Optional • Tent (Adults or families)

Please name all your belongings

Please Do Not bring to camp

- Alcohol
- Radio
- Watches
- Cell phones

Parents, please do not send your child to camp with softdrink or sweets