



NELSON SHIBU TEAPOT VALLEY CAMP 1-3 MARCH 2024

- A weekend of Karate and companionship.
- Get to practice all the Seido Syllabus.
- Special clinics on different martial arts and applications.
- Start the day with Zazen as a group in a tranquil setting.
- After full days of Karate, enjoy great food and company.
- Karate video movie night Saturday.
- Talks from senior karateka sharing their experience and wisdom.
- A supportive environment.
- For all grades. Children 10 years and over.
- Senior Sensei promotion.

More information and the Registration Form are available at:

www.seido.co.nz

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