

# **NELSON SEIDO KARATE**

## **TEAPOT VALLEY CAMP**

### FRI 1 - SUN 3 MARCH 2024

Nam	e:	
Phor	ne:	
Dojo	:	Grade:
Age:		Male / Female (please circle)
CAN	IP COSTS (Tick One)	
[]	Adult / Youth (ages 15yrs+)	\$180
[]	Junior 13 - 14yrs	\$165
[]	Children 10 -12yrs	\$150
[]	Child under 10 (must have parent or adult car	\$120 regiver staying also)
Non training Parent/Caregiver \$120		
Fam	ily Concession. Please see Sha	arlene or Paola
	COMMODATION (Please circle of (Your Own) or Cabin	one)
_	se have your enrolment into N 'ry, no late enrolment after th	Nelson Dojo by 24th February 2024 is date.
PAY	MENT (Before camp please)	
[ ] CASH		
[ ] Internet banking Weastpac 03-0703-0069397-00. Reference: Name / camp		

Please be at camp by 6pm on Friday. Camp finishes approx 2pm Sunday.

Nelson Shibu
PO Box 1353, Nelson. Tel: 021 716 233. Email: nelsonseidoshibu@gmal.com
Contact: Sharleen or Paola
www.seido.co.nz



#### Please bring to camp:

- Sleeping Bag
- Pillow
- Toilet Gear
- Running Shoes
- Warm Clothes
- Change of clothes
- Swim wear

- Gi (2 if possible)
- Kumite Gear (Green Belt and above)
- Bo / Jo (Black Belts)
- Suntan Lotion
- Hat
- Medication
- Plasters or small first aid kit
- Meditation stool or waterproof pillow or cusion to sit on for zazen

**Optional** • Tent (Adults or families)

#### Please name all your belongings

#### Please **Do Not** bring to camp

- Alcohol
- Radio
- Watches
- Cell phones

Parents, please do not send your child to camp with softdrink or sweets

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