

KATA RULES





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A. COMPETITORS

Kata competition is open to youth (16 to 18yrs), adult men and women (19yrs and above), and veterans (50yrs plus).

B. ORGANISATION OF COMPETITION (Empty hand and weapons kata)

- The kata competition will be run using the points system.
- Where the number of contestants is 7 or more; there will be an elimination round and then a medal round for Kyu grades and a finals round for Dan grades determined as follows:

Number of contestants in the elimination round	Contestants advancing to medal round or Black Belt finals
1 - 6	Straight medal round Kyu grade / Finals Dan grade
7 - 8	4go through
9 - 12	6 go through
13 and over	8 go through

- Contestants between 10th and 5th kyu <u>may repeat</u> the same kata if they advance to the medal round.
- Contestants at 4th kyu and above <u>may not repeat</u> the same kata if they advance to the medal round.
- The table below lists the permitted kata for each grade. Kyu grade and Dan grade contestants who have graded within 3 months of the tournament may perform a kata from the previous grade. Judges must be informed about this fact before the contestant starts their kata please.
- Dan grade divisions for empty hand and weapons kata may perform any kata listed in the table below.
- The first two contestants of any round 1 including 1-6 (Straight medal round Kyu grade / Finals Dan grade) must repeat the same kata at the end of that round.

C. PERMITTED KATA FOR EACH GRADE (Empty Hand and Weapons Kata)

BELT COLOUR	KYU/DAN	ADULTS & YOUTH
White	10 th	Taikyoku 1, Taikyoku 2,
Adv White	9 th	Taikyoku 1, Taikyoku 2, Taikyoku 3
Blue	8 th	Taikyoku 3, Seido 1, Pinan 1
Adv Blue	7 th	Seido 1, Pinan 1
Yellow	6 th	Seido 1, Pinan 1, Pinan 2, Seido 2
Adv Yellow	5 th	Pinan 2, Seido 2, Pinan 3, Sanchin
Green	4 th	Pinan 3, Pinan 4, Seido 3, Gekisai-dai, Sanchin
Adv Green	3 rd	Pinan 4, Seido 3, Gekisai-dai, Yansu
Brown	2 nd	Pinan 4, Pinan 5, Seido 3, Seido 4, Yansu, Tsuki-no
Adv Brown	1 st	Seido 4, Pinan 5, Tsuki-no, Sai-ha, Tensho
Shodan	1 st Dan	Gekisai-sho, Seido 5, Seienchin, Weapons -Bo Chion
Nidan	2 nd Dan	Koryogojushiho, Seido 5, Seienchin, Gekisai-sho, Weapons - Bo Chion, Fusetsu-dai
Sandan	3 rd Dan	Kanku, Seido-empi-no-kata-dai, Weapons- Fusetsu- dai,Fusetsu-sho
Yondan	4 th Dan	Seido-empi-no-kata-sho, Kanku, Seido-empi-no-kata-dai, Weapons - Fujin, Sai kata Ganki-dai
Godan	5 th Dan	Seido Enpi no sho, Seido Enpi no dai, Kanku, Weapons -Fujin, Sai kata Ganki-dai, Sai kata Ganki-sho

D. JUDGING PANEL

There will be five judges for each match; some kyu grade matches may have 3 judges. Each panel will have a chief judge who will control the ring.

E.THE POINT SYSTEM

- The five seated score judges will have score cards that range from 7.0 to 10 points. The two judges with the highest score and lowest score will not be included in the contestant's final score total.
- The maximum score is out of a total of 30 points.

• The first two contestants of any round 1 will be judged on their repeated kata and this will be their score in this round of the competition.

F. CRITERIA FOR DECISION

- 1. The kata must be performed with competence and must demonstrate a clear understanding of its traditional principles. In assessing the performance, the Judges will look for:
 - a. A realistic demonstration of the kata meaning.
 - b. Good timing, rhythm, speed, balance, and focus of power (KIME).
 - c. Correct and proper use of breathing as an aid to KIME.
 - d. Correct focus of attention and concentration.
 - e. Correct stances with proper tension in the legs, and feet flat on the floor where relevant.
 - f. Proper tension in the abdomen and no bobbing up and down of the hips when moving.
 - g. The performance should also be evaluated with a view to discerning other points such as the difficulty of the kata.
- 2. A contestant who performs a different kata from that announced or false starts, will have a point deducted off their score by the judges. They may restart only once.
- 3. A contestant who performs an ineligible kata or who repeats a kata in the medal round (4th kyu and above) will have points deducted off their score by the judges. (They cannot win)

G. OPERATION OF MATCHES

The Marshall will call the contestants by name as listed on the match schedule to the mat perimeter facing the Judging Panel. Following a bow to the Judging Panel, the contestant will clearly announce their name, the name of the kata and dojo then perform it.

Divisions with 1-6 contestants.

- Divisions with 1-6 contestants will be a straight medal round. At the end of the kata each Judge will use the score cards and at the call of the Chief Judge publicly present the contestant' score.
- The Marshall will total each contestant's score and present to the Chief Judge the medal outcome for presentation.

Divisions with 7 or more contestants

- In the elimination round (Round 1) the Marshall will call the contestants by name as listed on the match schedule to the mat perimeter facing the Judging Panel. Following a bow to the Judging Panel, the contestant will clearly announce their name, the name of the kata and perform it. At the end of the kata performance, the Chief Judge will signal to the contestant that they may leave the mat.
- The Marshall will signal the Chief judge when the first and second contestant of the elimination round are about to repeat their same first kata.
- The Marshall will then total all the Judges score for each competitor. From these totals, the competitors to go through to the medal round (Round 2) will be announced by the Marshall.
- In the medal round (Round 2) the Marshall will call the contestants in the same relative order as the elimination round.
- The first contestant will then perform their medal round kata. At the end of the kata each

Judge will use the score cards and at the call of the Chief Judge publicly present the contestant' score. Repeat for rest of the contestants. The first two contestants of round 2 do not repeat their kata.

- The Marshall will total each contestant's score.
- For Kyu Grades, At the end of the medal round the Marshall will present the Chief Judge the medal outcome for presentation.
- For Dan Grades, At the end of the Finals round the Marshall will present the Chief Judge the Finals outcome to be announced.
- Dan Grade Finals are to be held on Day 2, open day for the public and demonstrations and presentations.



Nelson Seido Karate nelsonshibu50@gmail.com www.seido.co.nz